

Abbey Field Medical Centre

Patient Group Minutes – Tuesday 21 April 2026 @ 12.00

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Attendees : Nicky Young, Steven McDonough, Richard Iddon, David Mosley, Vivien Teague, Mary Mills

Apologies : Hazel Law, Pamela, Clayton

Minutes : The minutes from last meeting were agreed

We started the meeting with Any Other Business

1. Flu : It will soon be flu season again – if possible patients should be encouraged to come to the Practice for their flu/COVID vaccinations. Practices have brought enough flu vaccines for all their eligible patients and ideally, they would like to use all of them
2. On Line Safety : The Practice organised 3 On Line Safety workshops for patients on the 30/04/26 – these were very well attended.
3. Social Prescribers : The Social Prescribers did a pop up Social Prescribing day in the foyer of Abbey Field Medical Centre – they made the foyer look like a lounge! It generated a lot of interested with lots of people popping in for chat.

Abbey Field : For some time now we have had the Friends of Abbey Field Garden. Which is overseen by the Hamelin trust. It runs from 1030 – 1400 on Wednesday. We would welcome more volunteers – there are roles to suit everyone – you do not need to be “green fingered”

Elmstead : We are planning a minor refurbishment at Elmstead with all the rooms being painted and new flooring in some areas.

Greenstead : Recently we have had a few abusive patients. After much consideration we are going to put a screen up to provide some additional protection for the Reception Team.

Tollgate : We started the care taking of Tollgate on the 12 March 2025. This is a two year contract and we will need to bid to keep Tollgate permanently – we are waiting on more news as to how we do this. Since May 2026 we have been trialling a new appointment system at Tollgate – this has improved access and we have received very good feedback – we will therefore look at how to roll it out across everywhere else.

Doctors Team : Dr Palak is leaving at the end of July – she has three children so needs more time to juggle everything. Dr Okuda (male) has joined for 4 sessions a week. Dr Senel (female) will join for 6 sessions a week in August.

Nursing Team : Amanda has completed her coil training. As we have such a high demand for dressings we are hoping to employ a dressings nurse.

HCA : Ella has left the Practice to go travelling. Sage has completed her HCA course and is now in the process of getting her competences signed off. Sharon has also joined as a HCA

Clinical Pharmacists : Katherine has now sadly died after a long battle with cancer. Kuba is going to do an extra day.

Admin/Reception Team : Within the Admin/Reception Team we have had a real baby boom – we will have 3 receptionists of on maternity leave, 1 secretary and 1 person from our audit team. All of these positions have been covered but it has meant we have had an influx of new people

Primary Care Network (PCN)/Neighbourhoods : Currently there is not much news on this. Our PCN now includes; Abbey Fields, Tollgate, Ambrose, East Hill, Rowhedge and Wivenhoe.

-----Meeting ended 1315-----